

ENERGIZE ADVANCED

**The original, revamped:
Best taste, best texture.**



FLAVOURS

Raspberry
Hazelnut-Chocolate
Orange
Mocca-Almond

PRODUCT DESCRIPTION

On the way to new personal best performances you sacrifice a lot – but at least not in your nutrition during training or competition. The ENERGIZE Advanced is the energy bar from Powerbar. It's simply delicious and with an optimal texture, you get absolute pleasure with every bite. The ENERGIZE Advanced provides you with high-quality carbohydrates in a carbohydrate ratio of 2:1 of glucose and fructose sources and supports the mineral balance with sodium and magnesium. Try the Powerbar ENERGIZE Advanced now in four exciting flavours!

- > Optimum texture: not too dry, not too sticky
- > Carbohydrate ratio of 2:1 of glucose and fructose sources
- > With added magnesium, to support normal energy-yielding metabolism
- > With added sodium, the most lost electrolyte in terms of quantity due to sweat loss
- > Good tolerability

All Powerbar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.

SUGGESTED USAGE

1-4 bars / day.

Ideal before and/or during exercise and with sufficient fluid.

As part of a varied and balanced diet and a healthy lifestyle.

Raspberry



INGREDIENTS

Date paste, **OAT** flakes, rice crispies (rice flour, sugar, **WHEAT** gluten, sunflower oil, malted **BARLEY** flour, salt), fructose, rice flour, rice syrup, fructose syrup, fruit preparation [sugar, pineapple juice from pineapple juice concentrate, fructose syrup, apple puree from apple puree concentrate, rice flour, gelling agent (pectins), cocoa butter, acidity regulator (tripotassium citrate), acid (citric acid), natural flavouring], coconut oil and fat, skimmed **MILK** powder, freeze dried raspberries (1%), humectant (glycerol), sodium citrate, magnesium carbonate, natural flavouring. May contain: **PEANUTS, HAZELNUTS, CASHEWS, ALMONDS, SOY.**

LEGAL DENOMINATION

Carbohydrate bar with magnesium and sodium for athletes. Raspberry flavour.

NUTRITION INFORMATION	per 100 g	per bar (55 g)
Energy kJ (kcal)	1565 (370)	861 (204)
Fat	5,3 g	2,9 g
of which saturates	3,3 g	1,8 g
Carbohydrate	72 g	40 g
of which sugars	37 g	20 g
Protein	6,2 g	3,4 g
Salt	0,40 g	0,22 g
Magnesium	103 mg (27%*)	56,6 mg (15%*)
Sodium	160 mg	88 mg

* % Reference intake value

Hazelnut-Chocolate



INGREDIENTS

Date paste, **OAT** flakes, fructose, rice crispies (rice flour, sugar, **WHEAT** gluten, sunflower oil, malted **BARLEY** flour, salt), rice syrup, rice flour, fructose syrup, **HAZELNUTS** (3,5%), skimmed **MILK** powder, fat-reduced cocoa powder (1,5%), coconut oil and fat, humectant (glycerol), sodium citrate, natural flavouring, magnesium carbonate, cocoa mass. May contain: **PEANUTS, CASHEWS, ALMONDS, SOY.**

LEGAL DENOMINATION

Carbohydrate bar with magnesium and sodium for athletes. Hazelnut-cocoa flavour.

NUTRITION INFORMATION	per 100 g	per bar (55 g)
Energy kJ (kcal)	1570 (372)	864 (205)
Fat	6,0 g	3,3 g
of which saturates	2,0 g	1,1 g
Carbohydrate	70 g	39 g
of which sugars	35 g	19 g
Protein	6,9 g	3,8 g
Salt	0,40 g	0,22 g
Magnesium	103 mg (27%*)	56,6 mg (15%*)
Sodium	160 mg	88 mg

* % Reference intake value

Orange



INGREDIENTS

Date paste, **OAT** flakes, rice crispies (rice flour, sugar, **WHEAT** gluten, sunflower oil, malted **BARLEY** flour, salt), rice flour, fructose, fructose syrup, apple flakes (apple pulp, starch), rice syrup, coconut oil and fat, carrot preparation [fructose syrup, carrot juice concentrate, sugar, apple puree concentrate, acid (citric acid)], skimmed **MILK** powder, humectant (glycerol), sodium citrate, magnesium carbonate, natural orange flavouring. May contain: **PEANUTS, HAZELNUTS, CASHEWS, ALMONDS, SOY.**

LEGAL DENOMINATION

Carbohydrate bar with magnesium and sodium for athletes. Orange flavour.

NUTRITION INFORMATION	per 100 g	per bar (55 g)
Energy kJ (kcal)	1554 (368)	855 (202)
Fat	5,4 g	3,0 g
of which saturates	3,4 g	1,9 g
Carbohydrate	71 g	39 g
of which sugars	37 g	20 g
Protein	6,2 g	3,4 g
Salt	0,4 g	0,22 g
Magnesium	103 mg (27%*)	56,6 mg (15%*)
Sodium	160 mg	88 mg

* % Reference intake value

Mocca-Almond



INGREDIENTS

Date paste, **OAT** flakes, fructose, rice crispies (rice flour, sugar, **WHEAT** gluten, sunflower oil, malted **BARLEY** flour, salt), rice syrup, rice flour, fructose syrup, **ALMOND** paste (3%), **ALMONDS** (2,5%), skimmed **MILK** powder, natural flavourings, humectant (glycerol), coconut oil and fat, sodium citrate, magnesium carbonate. May contain: **PEANUTS, HAZELNUTS, CASHEWS, SOY.**

LEGAL DENOMINATION

Carbohydrate bar with magnesium and sodium for athletes. Coffee-almond flavour.

NUTRITION INFORMATION	per 100 g	per bar (55 g)
Energy kJ (kcal)	1554 (368)	855 (202)
Fat	5,7 g	3,1 g
of which saturates	1,4 g	0,8 g
Carbohydrate	69 g	38 g
of which sugars	35 g	19 g
Protein	7,5 g	4,1 g
Salt	0,40 g	0,22 g
Magnesium	103 mg (27%*)	56,6 mg (15%*)
Sodium	160 mg	88 mg

* % Reference intake value

TECHNICAL INFORMATION

55 g bar

Flavour	VC	SKU	EAN bar	EAN box
Raspberry	VC02	21033001	4029679679443	4029679678088
Hazelnut-Chocolate	VC02	21032001	4029679679436	4029679678064
Orange	VC02	21031001	4029679679412	4029679678040
Mocca-Almond	VC02	21034001	4029679679450	4029679678101

15 bars per box

Store in a cool, dry place.

Distributor:

Active Nutrition International GmbH
Zielstattstraße 38
D-81379 München
Phone +49 (0) 89 502 0070
www.powerbar.eu

Active Nutrition International
C/O TTOO Ltd
PO Box 5593
Manchester M61 0UP
United Kingdom
Phone +44-(0)7538602351
www.powerbar.eu