

# POWERGEL ORIGINAL

Pro athletes' choice since 1996.



## FLAVOURS

Salty Peanut Flavour  
Strawberry-Banana  
Lemon-Lime  
Tropical Fruit Flavour  
Vanilla Flavour  
Green Apple (+Caffeine)  
Black Currant (+Caffeine)  
Espresso (+Caffeine)

## PRODUCT DESCRIPTION

Are you looking for a trusted carbohydrate gel that professionals in various sports have been relying on since 1996? Then you should choose Powerbar PowerGel® Original. The original PowerGel® provides you with high-quality carbohydrates in a carbohydrate ratio of 2:1 of glucose and fructose sources in combination with sodium.

- > Carbohydrate ratio of 2:1 of glucose and fructose sources and ca. 200 mg sodium per pouch
- > Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults
- > Vegan
- > Innovative packaging: easy to open and helps prevent littering through “Trash Chain”
- > Salty Peanut flavour: also suitable for people with peanut allergy
- > Green Apple and Black Currant flavour: +50mg caffeine (Espresso flavour: + 53 mg caffeine)\*

All Powerbar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.

\*per portion

## Salty Peanut Flavour



### INGREDIENTS

Maltodextrin, water, fructose, glucose syrup, salt, sodium citrate, preservative (potassium sorbate), flavourings, acid (lactic acid).

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium - Peanut flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1066 (251) | 437 (103)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 29 g       | 12 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,52 g           |
| Sodium                       | 503 mg     | 206 mg           |

### SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise with water.  
 As part of a varied and balanced diet and a healthy lifestyle

## Strawberry-Banana



### INGREDIENTS

Maltodextrin, water, fructose, salt, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural flavourings.

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium - Strawberry-banana flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1075 (253) | 441 (104)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 27 g       | 11 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,52 g           |
| Sodium                       | 503 mg     | 206 mg           |

### SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise with water.  
 As part of a varied and balanced diet and a healthy lifestyle

## Lemon-Lime



### INGREDIENTS

Maltodextrin, water, fructose, salt, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural citrus flavouring.

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium - Lemon lime flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1073 (252) | 440 (103)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 27 g       | 11 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,52 g           |
| Sodium                       | 503 mg     | 206 mg           |

### SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise with water.  
 As part of a varied and balanced diet and a healthy lifestyle

## Tropical Fruit Flavour



### INGREDIENTS

Maltodextrin, water, fructose, salt, acid (lactic acid), sodium citrate, preservative (potassium sorbate), natural flavourings.

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium - Tropical fruit flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1074 (253) | 440 (104)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 24 g       | 10 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,52 g           |
| Sodium                       | 506 mg     | 207 mg           |

### SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise with water.  
 As part of a varied and balanced diet and a healthy lifestyle

## Vanilla Flavour



### INGREDIENTS

Maltodextrin, water, fructose, salt, sodium citrate, natural vanilla flavouring, acid (lactic acid), preservative (potassium sorbate).

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with sodium - Vanilla flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1072 (252) | 440 (103)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 24 g       | 10 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,52 g           |
| Sodium                       | 503 mg     | 206 mg           |

### SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise with water.  
 As part of a varied and balanced diet and a healthy lifestyle

## Green Apple (+Caffeine)



### INGREDIENTS

Maltodextrin, water, fructose, salt, acid (citric acid), caffeine (0,1%), sodium citrate, preservative (potassium sorbate), natural flavourings.

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium. Green apple flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1071 (252) | 439 (103)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 27 g       | 11 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,51 g           |
| Sodium                       | 500 mg     | 205 mg           |
| Caffeine                     | 122 mg     | 50 mg            |

### SUGGESTED USAGE

1-3 pouches/day.

Consume as required 1 pouch in regular intervals during intense exercise with water.

High caffeine content (122mg/100g). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.

## Black Currant (+Caffeine)



### INGREDIENTS

Maltodextrin, water, fructose, salt, acid (citric acid), caffeine (0,1%), sodium citrate, natural flavourings, preservative (potassium sorbate).

### LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium. Black currant flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1072 (252) | 440 (103)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 63 g       | 26 g             |
| of which sugars              | 27 g       | 11 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 1,3 g      | 0,52 g           |
| Sodium                       | 508 mg     | 208 mg           |
| Caffeine                     | 122 mg     | 50 mg            |

### SUGGESTED USAGE

1-3 pouches/day.

Consume as required 1 pouch in regular intervals during intense exercise with water.

High caffeine content (122mg/100g). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.



## Espresso (+Caffeine)



## INGREDIENTS

Maltodextrin, water, fructose, liquid coffee extract, salt, natural flavourings, caffeine (0,1%), acid (lactic acid), preservative (potassium sorbate), sodium citrate.

## LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with caffeine and sodium. Coffee flavour.

| <b>NUTRITION INFORMATION</b> | per 100 g  | per pouch (41 g) |
|------------------------------|------------|------------------|
| Energy kJ (kcal)             | 1144 (269) | 469 (110)        |
| Fat                          | 0 g        | 0 g              |
| of which saturates           | 0 g        | 0 g              |
| Carbohydrate                 | 67 g       | 28 g             |
| of which sugars              | 27 g       | 11 g             |
| Protein                      | 0 g        | 0 g              |
| Salt                         | 0,61 g     | 0,25 g           |
| Sodium                       | 246 g      | 101 g            |
| Caffeine                     | 130 mg     | 53 mg            |

## SUGGESTED USAGE

1-3 pouches/day.

Consume as required 1 pouch in regular intervals during intense exercise with water.

High caffeine content (130mg/100g). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.

## TECHNICAL INFORMATION

41 g pouch

| Flavour                   | VC   | SKU      | EAN bar       | EAN box       |
|---------------------------|------|----------|---------------|---------------|
| Salty Peanut Flavour      | VC01 | 22010700 | 4029679672543 | 4029679672550 |
| Strawberry-Banana         | VC01 | 22010300 | 4029679672345 | 4029679672369 |
| Lemon-Lime                | VC01 | 22010400 | 4029679672482 | 4029679672475 |
| Tropical Fruit Flavour    | VC01 | 22010800 | 4029679672574 | 4029679672581 |
| Vanilla Flavour           | VC01 | 22010600 | 4029679672529 | 4029679672536 |
| Green Apple (+Caffeine)   | VC01 | 22010100 | 4029679672277 | 4029679672284 |
| Black Currant (+Caffeine) | VC01 | 22010500 | 4029679672505 | 4029679672512 |
| Espresso (+Caffeine)      | VC01 | 22030600 | 4029679673236 | 4029679673243 |

**24 pouches per box**

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