

Cereal bar with carbohydrates and vitamins.

Ingredients: raisins 14,8%, **oat** flakes 13,7%, **peanuts** 10,5%, oligofructose, glucose syrup, rice crisps (rice flour, **wheat** gluten, sugar, **wheat** malt, glucose, salt), chocolate chunk 5,5% (sugar, cocoa mass, cocoa butter, dextrose, emulsifier: **soy** lecithin, natural vanilla), fructose, sugar, maltodextrin, isomaltulose*, cocoa nibs 3,5%, **soy** crisp (**soy** protein, low fat cocoa, tapioca starch), salt 1,1%, flavours (contains **peanut**), vitamins (vitamin C (ascorbic acid), nicotinamide, vitamin E (tocopheryl acetate), calcium pantothenate, vitamin B2 (riboflavin), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), folic acid, vitamin B12 (cyanocobalamine)).

*Isomaltulose is a source of fructose and glucose.

May contain: **wheat, milk, egg, nut and sesameseed.**

	per 100 g	%NRV	per 55g	%NRV
Energy:	1600 kJ		880 kJ	
	381 kcal		209 kcal	
Fat:	10,3 g		5,6 g	
of which saturated:	3,4 g		1,9 g	
Carbohydrates:	57,4 g		31,6 g	
of which sugars:	31,5 g		17,3 g	
Fiber:	12,1 g		6,7 g	
Protein:	8,7 g		4,8 g	
Salt	1,29 g		0,71 g	
Vitamins	per 100g	%NRV	per 55g	%NRV
Vitamin E	4,5 mg	38	2,5 mg	21
Vitamin C°	30,4 mg	38	16,7 mg	21
Vitamin B1 Thiamine°	0,42 mg	38	0,23 mg	21
PVitamin B2 Riboflavin°	0,53 mg	38	0,29 mg	20
Vitamin B3 Niacin°	6,1 mg	38	3,3 mg	21
Vitamin B6°	0,53 mg	38	0,29 mg	21
Folic acid	76,5 µg	38	42,0 µg	21
Vitamin B12°	0,95 µg	38	0,52 µg	21
Pantothenic acid	2,30 mg	38	1,25 mg	21

NRV - Nutrient Reference Values

¹ contributes to normalenergy-yielding metabolism

This product should not be used as a substitute for a varied diet.

Store cool an dry. Made in EU.

