POWERBAR ISOACTIVE 3 in 1: Liquid, electrolytes and carbohydrates.





PRODUCT DESCRIPTION

During sport you lose both water and electrolytes through sweat. In order to effectively reabsorb the lost water, the right combination of electrolytes (especially sodium) and carbohydrates is important. Isoactive, PowerBar's isotonic sports drink not only provides you with C2MAX, a scientifically developed carbohydrate mixture of a 2:1 ratio of glucose and fructose sources, but also 5 electrolytes. The isoactive powder thus combines 3 advantages in one product: liquid, electrolytes and carbohydrates. With a refreshing taste it's perfect for your training or other sports activities.

- ☑ Carbohydrate-electrolyte solutions enhance the absorption of water during physical activity
- ☑ C2MAX Dual Source Carb Mix
- ☑ Provides the body with the 5 electrolytes sodium, chloride, potassium, calcium and magnesium, which are lost the most through sweat
- ☑ Free from artificial flavours and preservatives (according to law)
- ☑ Suitable for vegetarians

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

General fluid intake recommendation for activities >60 minutes:

- Drink as required before exercise
- Drink approximately 150 200 ml every 15 minutes during exercise

Mixing instructions (1 portion): Mix 33 g (approx. 1 $\frac{1}{2}$ measuring spoon - included) in 500 ml water.

As part of a varied and balanced diet and a healthy lifestyle.



POWERBAR ISOACTIVE

Lemon





Dextrose, maltodextrin, fructose, minerals (sodium citrate, sodium chloride, calcium lactate, potassium chloride, magnesium carbonate), acidity regulator (citric acid), natural lemon flavouring, concentrate (safflower, lemon).

May contain: **soy, milk.**

LEGAL DENOMINATION

Isotonic electrolyte drink mix for athletes with 5 minerals and carbohydrates

Lemon flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per portion (33 g)*
Energy kJ (kcal)	1551 (365)	512 (120)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	89 g	29 g
of which sugars	63 g	21 g
Protein	0 g	0 g
Salt	2.7 g	0.88 g

Minerals	per 100 g	per portion (33 g)*
Potassium	456 mg (23%**)	151 mg (8%**)
Chloride	1424 mg (178%**)	470 mg (59%**)
Calcium	183 mg (23%**)	60.3 mg (8%**)
Magnesium	88.0 mg (23%**)	29.0 mg (8%**)
Sodium	1066 mg	352 mg

*per 33 g serving when mixed with 500 ml water

**% Nutrient Reference Value



POWERBAR ISOACTIVE

Orange





INGREDIENTS

Dextrose, maltodextrin, fructose, minerals (sodium citrate, sodium chloride, calcium lactate, potassium chloride, magnesium carbonate), acidity regulator (citric acid), natural orange flavouring with other natural flavourings, concentrate (safflower, lemon), beetroot juice powder.

May contain: soy, milk.

LEGAL DENOMINATION

Isotonic electrolyte drink mix for athletes with 5 minerals and carbohydrates

Orange flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per portion (33 g)*
Energy kJ (kcal)	1548 (364)	511 (120)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	89 g	29 g
of which sugars	61 g	20 g
Protein	0 g	0 g
Salt	2.7 g	0.89 g

Minerals	per 100 g	per portion (33 g)*
Potassium	456 mg (23%**)	151 mg (8%**)
Chloride	1286 mg (161%**)	424 mg (53%**)
Calcium	183 mg (23%**)	60.3 mg (8%**)
Magnesium	88.0 mg (23%**)	29.0 mg (8%**)
Sodium	1077 mg	355 mg

*per 33 g serving when mixed with 500 ml water

**% Nutrient Reference Value



POWERBAR ISOACTIVE

Red Fruit





Dextrose, maltodextrin, fructose, minerals (sodium citrate, sodium chloride, calcium lactate, potassium chloride, magnesium carbonate), acidity regulator (citric acid), natural flavourings, beetroot juice powder. May contain: **soy, milk.** LEGAL DENOMINATION

Isotonic electrolyte drink mix for athletes with 5 minerals and carbohydrates

Raspberry Pomegranate flavour

_

NUTRITION INFORMATION

Nutrition Information	per 100 g	per portion (33 g)*
Energy kJ (kcal)	1542 (363)	509 (120)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	89 g	29 g
of which sugars	60 g	20 g
Protein	0 g	0 g
Salt	2.9 g	0.95 g

Minerals	per 100 g	per portion (33 g)*
Potassium	456 mg (23%**)	151 mg (8%**)
Chloride	1149 mg (144%**)	379 mg (47%**)
Calcium	183 mg (23%**)	60.3 mg (8%**)
Magnesium	88.0 mg (23%**)	29.0 mg (8%**)
Sodium	1147 mg	379 mg

*per 33 g serving when mixed with 500 ml water

**% Nutrient Reference Value



POWERBAR SPORTSDRINK SYSTEM

	ELECTROLYTES 5 ELECTROLYTES 2010 Caloria Sports drifts with an in consonance with	PowerBar DS Co Extreme More sports draw Protocology Pr	
Product	PowerBar 5ELECTROLYTES	PowerBar ISOACTIVE	PowerBar ISOMAX
Main ingredients (per serve)	5 Electrolytes Zero Sugars Zero Calories 75 mg Caffeine (depending on flavor)	5 Electrolytes 29 g C2MAX Dual Source Carb Mix	5 Electrolytes 45 g C2MAX Dual Source Carb Mix 75 mg Caffeine 400 mg L-Arginine
Recommended usage	Basic endurance training (where your focus is on optimising fat metabolism). Whenever you workout and want to stay hydrated without sugars or calories (e.g. gym, hiking, etc).	Basic endurance training up to intense training sessions.	Intense / longer training sessions and competitions.



600 g per jar

Flavour	SKU	EAN jar	EAN case
Lemon	24712203	4029679996090	4029679996106
Orange	24712303	4029679996113	4029679996120
Red Fruit	24717502	4029679671966	4029679671973

1320 g per jar

Flavour	SKU	EAN jar	EAN case
Lemon	24702202	4029679671843	4029679671850
Orange	24702302	4029679671904	4029679671911
Red Fruit	24707502	4029679671942	4029679671959

6 jar per case	Distributor: Active Nutrition International GmbH
	Zielstattstraße 42
Store in a cool, dry place.	D-81379 München
Sold by weight, not volume.	Phone +49 (0)89 502 0070 www.powerbar.com



This information is presented for illustrative purposes only. Any specifications and values on the actual product packaging will always take precedence over any factsheet guidelines.

