

Cereal bar with carbohydrates and vitamins.

Ingredients: oat flakes 18,1%, raisins, rice crisps (rice flour, **wheat** gluten, sugar, **wheat** malt, glucose, salt), **peanuts** 11,2%, oligofructose, glucose syrup, fructose, sugar, maltodextrin, isomaltulose*, salt 1,2%, flavours (contains **peanut**), vitamins (C: ascorbic acid, nicotinamide, E: tocopheryl acetate, calcium pantothenate, B2: riboflavin, B6: pyridoxine hydrochloride, B1: thiamin hydrochloride, folic acid, B12: cyanocobalamin)

*Isomaltulose is a source of fructose and glucose.

May contain: **wheat, milk, egg, soy, nut and sesame seed.**

	per 100 g	%NRV	per 55g	%NRV
Energy:	1544 kJ		849 kJ	
	367 kcal		202 kcal	
Fat:	7,5 g		4,1 g	
of which saturated:	1,4 g		0,8 g	
Carbohydrates:	61,6 g		33,9 g	
of which sugars:	30,7 g		16,9 g	
Fiber:	12,5 g		6,9 g	
Protein:	7,0 g		3,8 g	
Salt	1,34 g		0,74 g	
Vitamins	per 100g	%NRV	per 55g	%NRV
Vitamin E	4,8 mg	40	2,6 mg	22
Vitamin C°	32,3 mg	40	17,8 mg	22
Vitamin B1 Thiamine°	0,45 mg	41	0,25 mg	22
PVitamin B2 Riboflavin°	0,56 mg	40	0,31 mg	22
Vitamin B3 Niacin°	6,4 mg	40	3,5 mg	22
Vitamin B6°	0,56 mg	40	0,31 mg	22
Folic acid	81,3 µg	40	44,7 µg	22
Vitamin B12°	1,01 µg	40	0,55 µg	22
Pantothenic acid	2,45 mg	40	1,35 mg	22

NRV - Nutrient Reference Values

¹ contributes to normal energy-yielding metabolism

This product should not be used as a substitute for a varied diet.

Store cool and dry. Made in EU.