

POWERGEL HYDRO

The liquid gel choice.



FLAVOURS

Orange Flavour
Mojito Flavour
Cherry Flavour
Cola Flavour

PRODUCT DESCRIPTION

Did you give everything you had during the past hour and now you want a PowerGel[®] that doesn't require any additional fluid to consume it? Then you should try the Powerbar PowerGel[®] Hydro. It provides you with high-quality carbohydrates in a carbohydrate ratio of 2:1 of glucose and fructose sources. The liquid consistency of the gel is easy to swallow and doesn't require you to drink immediately afterwards as with other gels. Ideal for runners or athletes who prefer a more liquid gel.

- > Carbohydrate ratio of 2:1 of glucose and fructose sources
- > Carbohydrate solutions contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults
- > With natural flavourings
- > Vegan
- > Innovative packaging: easy to open and prevents additional waste through "Trash Chain"
- > Cola flavour: contains an additional 100 mg caffeine per pouch, caffeine contributes to an increase in endurance performance
- > Mojito and Cherry flavours: contain 51 mg of caffeine per pouch

All Powerbar products are included in the Cologne List[®], and as a result we can offer athletes even more security and trust.

Orange Flavour



INGREDIENTS

Water, maltodextrin, fruit juice concentrates (13%) (apple, orange), fructose, salt, acid (citric acid), sodium citrate, preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), natural orange flavouring with other natural flavourings.

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium. Orange flavour.

NUTRITION INFORMATION	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	651 (153)	436 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	37 g	25 g
of which sugars	19 g	13 g
Protein	0 g	0 g
Salt	0,80 g	0,54 g
Sodium	318 mg	213 mg

SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise.
As part of a varied and balanced diet and a healthy lifestyle.

Mojito Flavour



INGREDIENTS

Water, maltodextrin, fructose, fruit juice concentrates (7%) (apple, lime), salt, sodium citrate, natural flavourings, caffeine (0,07%), preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), acid (citric acid).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium. Lime-mint flavour.

NUTRITION INFORMATION	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	684 (161)	458 (108)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	39 g	26 g
of which sugars	17g	12 g
Protein	0 g	0 g
Salt	0,77 g	0,52 g
Sodium	307 mg	205 mg
Caffeine	76 mg	51 mg

SUGGESTED USAGE

1-3 pouches/day. Consume as required 1 pouch in regular intervals during intense exercise. High caffeine content (76 mg/100 ml). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.

Cherry Flavour



INGREDIENTS

Water, maltodextrin, fruit juice concentrates (12%) (apple, sour cherry), fructose, salt, sodium citrate, acid (citric acid), natural cherry flavouring with other natural flavourings, preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum), caffeine (0,07%).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium. Cherry flavour.

NUTRITION INFORMATION	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	653 (154)	438 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	37 g	25 g
of which sugars	18 g	12 g
Protein	0 g	0 g
Salt	0,76 g	0,51 g
Sodium	304 mg	204 mg
Caffeine	76 mg	51 mg

SUGGESTED USAGE

1-3 pouches/day. Consume as required 1 pouch in regular intervals during intense exercise. High caffeine content (76 mg/100 ml). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.

Cola Flavour



INGREDIENTS

Water, maltodextrin, fructose, salt, natural flavourings, acid (citric acid), sodium citrate, caffeine (0,1%), preservatives (potassium sorbate, sodium benzoate), stabiliser (xanthan gum).

LEGAL DENOMINATION

Liquid concentrated carbohydrate gel for athletes with caffeine and sodium. Cola flavour.

NUTRITION INFORMATION	per 100 ml	per pouch (67 ml)
Energy kJ (kcal)	649 (153)	435 (103)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	38 g	25 g
of which sugars	16 g	11 g
Protein	0 g	0 g
Salt	0,76 g	0,51 g
Sodium	304 mg	204 mg
Caffeine	150 mg	100 mg

SUGGESTED USAGE

Consume 1 pouch per day during intense exercise.

High caffeine content (150 mg/100 ml). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.

TECHNICAL INFORMATION

67 ml pouch

Flavour	VC	SKU	EAN pouch	EAN box
Orange	VC01	22040300	4029679672673	4029679672680
Mojito (+caffeine)	VC01	22040100	4029679672635	4029679672642
Cherry (+caffeine)	VC01	22040400	4029679672697	4029679672703
Cola (+caffeine)	VC01	22040200	4029679672659	4029679672666

24 pouches per box

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