

POWERBAR 30% PROTEIN PLUS

The delicious reward after training.



FLAVOURS

- | | |
|----------------------------|-------------------------|
| ■ Orange Jaffa Cake | ■ Vanilla Coconut |
| ■ Chocolate | ■ Lemon Cheesecake |
| ■ Cappuccino Caramel Crisp | ■ Vanilla Caramel Crisp |



PRODUCT DESCRIPTION

Treat your muscles after an intense workout or fuel your body during the day with an extra portion of protein. This will not only support muscle growth but also muscle maintenance. The 30% Protein Plus bar is rich in high-quality protein and tastes delicious. With six different flavours to choose from, you can find the right bar for your taste.

- ☒ High in protein
- ☒ Premium protein: Casein and whey protein
- ☒ Free of aspartame (by law)
- ☒ Suitable for vegetarians

All PowerBar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



SUGGESTED USAGE

1 bar/ day.

Cappuccino Caramel Crisp and Vanilla Caramel Crisp: 1 - 2 bars/ day.

As part of a varied and balanced diet and a healthy lifestyle.



POWERBAR 30% PROTEIN PLUS

Orange Jaffa Cake



INGREDIENTS

Calcium caseinate (**milk**) (22%), dark chocolate couverture (18%) [cocoa mass, sugar, cocoa butter, emulsifier (lecithins (**soy**))], oligofructose syrup, invert sugar syrup, fructose syrup, whey protein (**milk**) (8%), skimmed **milk** powder, **soy** protein, natural orange flavouring, emulsifier [lecithins (**soy**)].
May contain: **peanuts, hazelnuts, almonds, gluten.**

LEGAL DENOMINATION

Sports bar with protein and
dark chocolate couverture
-
Orange flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per bar (55 g)
Energy kJ (kcal)	1459 (347)	802 (191)
Fat	7.4 g	4.1 g
of which saturates	4.6 g	2.5 g
Carbohydrate	34 g	19 g
of which sugars	30 g	17 g
Fibre	11 g	5.8 g
Protein	31 g	17 g
Salt	0.25 g	0.14 g



POWERBAR 30% PROTEIN PLUS

Chocolate



INGREDIENTS

Calcium caseinate (**milk**) (21%), dark chocolate couverture (18%) [cocoa mass, sugar, cocoa butter, emulsifier (lecithins (**soy**))], invert sugar syrup, fructose syrup, oligofructose syrup, whey protein (**milk**) (8%), fat-reduced cocoa powder (5%), **soy** protein, flavourings, emulsifier [lecithins (**soy**)].
May contain: **peanuts, hazelnuts, almonds, gluten.**

LEGAL DENOMINATION

Sports bar with protein and
dark chocolate couverture
-
Chocolate flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per bar (55 g)
Energy kJ (kcal)	1421 (338)	785 (187)
Fat	7.0 g	3.9 g
of which saturates	4.0 g	2.2 g
Carbohydrate	31 g	17 g
of which sugars	29 g	16 g
Fibre	14 g	7.4 g
Protein	31 g	17 g
Salt	0.23 g	0.13 g



POWERBAR 30% PROTEIN PLUS

Vanilla Coconut



INGREDIENTS

Calcium caseinate (**milk**) (21%), white chocolate (18%) [sugar, cocoa butter, whole **milk** powder, emulsifier (lecithins (**soy**)), flavouring], oligofructose syrup, invert sugar syrup, fructose syrup, whey protein (**milk**) (8%), skimmed **milk** powder, **soy** protein, flavourings, emulsifier [lecithins (**soy**)].
May contain: **peanuts, hazelnuts, almonds, gluten.**

LEGAL DENOMINATION

Sports bar with protein
and white chocolate

-

Vanilla-Coconut flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per bar (55 g)
Energy kJ (kcal)	1468 (348)	806 (191)
Fat	6.2 g	3.4 g
of which saturates	3.5 g	1.9 g
Carbohydrate	36 g	20 g
of which sugars	36 g	20 g
Fibre	11 g	5.8 g
Protein	32 g	17 g
Salt	0.30 g	0.18 g



POWERBAR 30% PROTEIN PLUS

Lemon Cheesecake



INGREDIENTS

Calcium caseinate (**milk**) (22%), white chocolate (18%) [sugar, cocoa butter, whole **milk** powder, emulsifier (lecithins (**soy**)), flavouring], oligofructose syrup, fructose syrup, invert sugar syrup, whey protein (**milk**) (8%), skimmed **milk** powder, **soy** protein, natural lemon flavouring with other natural flavourings, emulsifier [lecithins (**soy**)].

May contain: **peanuts, hazelnuts, almonds, gluten.**

LEGAL DENOMINATION

Sports bar with protein
and white chocolate coating

-
Lemon flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per bar (55 g)
Energy kJ (kcal)	1472 (350)	810 (193)
Fat	6.9 g	3.8 g
of which saturates	4.2 g	2.3 g
Carbohydrate	34 g	19 g
of which sugars	34 g	19 g
Fibre	14 g	7.7 g
Protein	31 g	17 g
Salt	0.19 g	0.10 g



POWERBAR 30% PROTEIN PLUS

Cappuccino Caramel Crisp



INGREDIENTS

Milk proteins (26%), invert sugar syrup, **milk** chocolate couverture (20%) [sugar, cocoa butter, whole **milk** powder, cocoa mass, emulsifier (lecithins (**soy**)), flavouring], caramel filling (13.5%) [glucose syrup, palm fat, sugar, sweetened condensed skimmed **milk**, dextrose, emulsifier (lecithins (**soy**)), rapeseed oil (fully hydrogenated), salt, natural flavouring], glucose syrup, humectant (sorbitols), **soy** crispies (5%) [**soy** protein, starch, salt], whey protein (**milk**) (3%), roasted coffee powder, soybean oil, flavouring, emulsifier [lecithins (**soy**)].

May contain: **peanuts, hazelnuts, almonds, gluten.**

LEGAL DENOMINATION

Sports bar with protein, milk chocolate couverture and caramel layer

-
Cappuccino-Caramel flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per bar (55 g)
Energy kJ (kcal)	1681 (399)	924 (220)
Fat	13 g	7.0 g
of which saturates	7.3 g	4.0 g
Carbohydrate	42 g	23 g
of which sugars	35 g	19 g
Fibre	0.7 g	0.4 g
Protein	30 g	17 g
Salt	0.28 g	0.15 g



POWERBAR 30% PROTEIN PLUS

Vanilla Caramel Crisp



INGREDIENTS

Milk proteins (24 %), invert sugar syrup, **milk** chocolate couverture (20%) [sugar, cocoa butter, whole **milk** powder, cocoa mass, emulsifier (lecithins (**soy**)), flavouring], caramel filling (13.5%) [glucose syrup, palm fat, sugar, sweetened condensed skimmed **milk**, dextrose, emulsifier (lecithins (**soy**)), rapeseed oil (fully hydrogenated), salt, natural flavouring], glucose syrup, whey protein (**milk**) (5%), **soy** crispies (5%) [**soy** protein, starch, salt], humectant (glycerol), flavouring, emulsifier [lecithins (**soy**)].

May contain: **peanuts, hazelnuts, almonds, gluten.**

LEGAL DENOMINATION

Sports bar with protein, milk chocolate couverture and caramel layer

-
Vanilla-Caramel flavour

NUTRITION INFORMATION

Nutrition Information	per 100 g	per bar (55 g)
Energy kJ (kcal)	1685 (400)	927 (220)
Fat	12 g	6.7 g
of which saturates	7.2 g	3.9 g
Carbohydrate	43 g	24 g
of which sugars	36 g	20 g
Fibre	0.5 g	0.3 g
Protein	30 g	17 g
Salt	0.30 g	0.17 g



TECHNICAL INFORMATION

55 g bar

Flavour	SKU	EAN bar	EAN box	EAN case
■ Orange Jaffa Cake	21361642	4029679520141	4029679520158	4029679520189
■ Chocolate	21362042	4029679520028	4029679520202	4029679905207
■ Vanilla Coconut	21361942	4029679520011	4029679520103	4029679905191
■ Lemon Cheesecake	21362242	4029679520165	4029679520172	4029679520196
■ Cappuccino Caramel Crisp	21360642	4029679370043	4029679370401	4029679905092
■ Vanilla Caramel Crisp	21366842	4029679370036	4029679370302	4029679905085

15 bars per box

Store in a cool, dry place.

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