

Gel Orange:

## Food supplement with carbohydrates, vitamins and caffeine (91mg/100g).

**Recommended usage:** Use 1 sachet every 20-45 minutes with 250ml water during exercise. 8 sachets (352g) per day.

**Ingredients:** maltodextrin (37%), water, dextrose (21,14%), isomaltulose\* (9,1%), acidifier: citric acid, guarana extract (0,45%), sodium chloride, L-leucine, potassium chloride, flavor, preservative: potassium sorbate, L-isoleucine, L-valine, ascorbic acid, caffeine (0,045%), DL-alpha-tocopheryl acetate, nicotinamide, calcium-d-pantothenate, pyridoxine hydrochloride, thiamin hydrochloride, riboflavin, folic acid, biotin, cyanocobalamine.

\*Isomaltulose is a source of glucose and fructose.

	per 100g	%NRV	per 8 x 44g - 352g	%NRV
Energy:	1156 kJ		4069 kJ	
	272 kcal		957 kcal	
Fat:	0 g		0 g	
of which saturated:	0 g		0 g	
Carbohydrates:	67,275 g		236,8 g	
of which sugars:	33,559 g		118,13 g	
Protein:	0,309 g		1,09 g	
Salt	0,205 g		0,72 g	
<b>Vitamins</b>	<b>per 100g</b>	<b>%NRV</b>	<b>per 8 x 44g - 352g</b>	<b>%NRV</b>
Vitamin C <sup>1</sup>	36,4 mg	45,5	128 mg	160
Niacin <sup>1</sup>	7,3 mg	45,5	25,6 mg	160
Vitamin E	5,45 mg	45,5	19,2 mg	160
Pantothenic acid <sup>1</sup>	2,73 mg	45,5	9,6 mg	160
Vitamin B6 <sup>1</sup>	0,64 mg	45,5	2,24 mg	160
Vitamin B2 <sup>1</sup>	0,64 mg	45,5	2,24 mg	160
Vitamin B1 <sup>1</sup>	0,5 mg	45,5	1,76 mg	160
Folic Acid	91 µg	45,5	320 µg	160
Biotin	22,73 µg	45,5	80 µg	160
Vitamin B12 <sup>1</sup>	1,14 µg	45,5	4,0 µg	160
<b>Amino acids</b>	<b>per 100g</b>	<b>%NRV</b>	<b>per 8 x 44g - 352g</b>	<b>%NRV</b>
L-Leucine	154,6 mg		544 mg	
L-Isoleucine	77,3 mg		272 mg	
L-Valine	77,3 mg		272 mg	

<b>Nutrients</b>	<b>per 100g</b>	<b>%NRV</b>	<b>per 8 x 44g - 352g</b>	<b>%NRV</b>
Caffeine	91 mg		320 mg	
of which guarana extract	45,5 mg		160 mg	

#### **NRV - Nutrient Reference Values**

Do not exceed the recommended daily intake. This food supplement should not be used as a substitute for a varied diet. Keep out of the reach of children. *High caffeine content (91mg/100g)*. Not recommended for children or pregnant or breast-feeding women.

<sup>1</sup> contributes to normal energy-yielding metabolism

Store cool and dry. Made in Germany.

CCS Germany GmbH, Unterste-Wilms-Strasse 27, D-44143 Dortmund