

# **POWERGEL FRUIT**

The fruity carbohydrate gel.



#### **FLAVOURS** Mango Passionfruit (+ Caffeine) Red Fruit Punch

# **PRODUCT DESCRIPTION**

Carbohydrates are an important source of energy during exercise. Are you looking for carbohydrate gels for training or competition? Powerbar PowerGel® Fruits are the fruity choice when it comes to carbohydrate gels. They are based on fruit juice concentrates and provide you with high-quality carbohydrates in a carbohydrate ratio of 2:1 of glucose and fructose sources.

- > Carbohydrate ratio of 2:1 of glucose and fructose sources
- Carbohydrate solutions can contribute to the improvement of physical performance during a high-intensity and long-lasting physical exercise in healthy trained adults
- > Based on concentrated fruit juices
- > With natural flavours
- > Vegan
- Innovative packaging: easy to open and prevents additional waste through trash chain
- > Mango Passionfruit flavour: contains an additional 50 mg caffeine per pouch

All Powerbar products are included in the Cologne List®, and as a result we can offer athletes even more security and trust.



## Mango Passionfruit (+ Caffeine)



#### **INGREDIENTS**

Maltodextrin, water, fruit juice concentrates (17%) (apple, mango, passionfruit), fructose, salt, guarana extract, sodium citrate, natural flavourings, caffeine (0,1%), preservative (potassium sorbate), acid (citric acid).

# **LEGAL DENOMINATION**

Concentrated carbohydrate gel for athletes with fruit juice concentrates, caffeine and sodium. Mango-passionfruit flavour.

NUTRITION INFORMATION	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1083 (255)	444 (105)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	28 g	11 g
Protein	0 g	0 g
Salt	1,3 g	0,51 g
Sodium	503 mg	206 mg
Caffeine	121 mg	50 mg

## SUGGESTED USAGE

1-3 pouches/day. Consume as required 1 pouch in regular intervals during intense exercise with water.

High caffeine content (121mg/100ml). Not recommended for children or pregnant or breast-feeding women.

As part of a varied and balanced diet and a healthy lifestyle.





#### **Red Fruit Punch**



#### INGREDIENTS

Maltodextrin, water, fruit juice concentrates (15%) (apple, pomegranate, raspberry), fructose, salt, sodium citrate, natural flavourings, preservative (potassium sorbate), acid (citric acid).

## LEGAL DENOMINATION

Concentrated carbohydrate gel for athletes with fruit juice concentrates and sodium. Raspberry-pomegranate flavour.

NUTRITION INFORMATION	per 100 g	per pouch (41 g)
Energy kJ (kcal)	1084 (255)	444 (105)
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	63 g	26 g
of which sugars	25 g	10 g
Protein	0 g	0 g
Salt	1,3 g	0,51 g
Sodium	502 mg	206 mg

# SUGGESTED USAGE

Consume as required 1-3 pouches per hour during intense exercise with water. As part of a varied and balanced diet and a healthy lifestyle.



# **TECHNICAL INFORMATION**

41 g pouch

Flavour	VC	SKU	EAN bar	EAN box
Mango Passionfruit (+ Caffeine)	VC01	22020100	4029679672598	4029679672604
Red Fruit Punch	VC01	22020300	4029679672611	4029679672628

#### 24 pouches per box

#### **Distributor:**

Active Nutrition International GmbH Zielstattstraße 38 D-81379 München Phone +49 (0)89 502 0070 www.powerbar.eu Active Nutrition International C/O TTOOltd PO Box 5593 Manchester M61 0UP United Kingdom Phone +44-(0)7538602351 www.powerbar.eu

